WE KNOW THE USA IS A BIG HEARTED NATION

yet many AMERICANS ARE UNAWARE

HEART DISEASE is the leading cause of death in the U.S.

1. **MYTH:** Older white American men have the highest rates of heart disease

   **REALITY:**
   - Black American Women: 48%
   - Black American Men: 46%
   - White American Men: 36%
   - White American Women: 32%
   - Latino American Women: 33%
   - Latino American Men: 32%

   American Heart Association, 2012

2. **MYTH:** Breast cancer is the No. 1 killer of women

   **REALITY:**
   - Nearly 399,000 women died of heart disease,
   - while 40,931 died of breast cancer in the US in 2011

   American Heart Association, 2012

3. **MYTH:** There is nothing I can do about heart disease

   **REALITY:**
   - There are risk factors for heart disease that you CANNOT control:
     - age and family history
   - but there are risk factors you CAN control:
     - smoking
     - obesity
     - overweight
     - high blood pressure
     - & cholesterol
     - physical inactivity
     - diabetes

   National Heart Lung and Blood Institute

Know your risk factors, Talk to your doctor, and Take charge of your heart health.

Is Your Heart Healthy? Find out at YourHeartHealth.com.

CLOSE THE GAP
Health Equity for Life

Close the Gap is a Boston Scientific population health initiative, which aims to eliminate cardiovascular care disparities, helping to ensure all patients receive optimal cardiac care regardless of age, gender, race, ethnicity or primary language.

Visit us at YourHeartHealth.com.